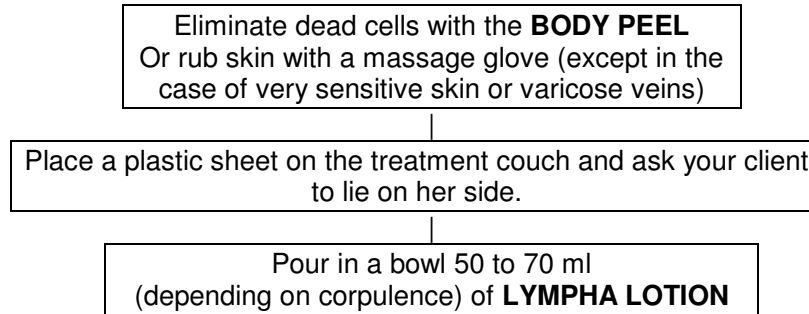


# LYMPHA LOTION

## DRAINING AND DETOXIFYING BODY TREATMENT

### Directions for use

#### PREPARATION PHASE



#### APPLICATION

1. Apply the **LYMPHA LOTION** on the back.
2. Ask your client to turn on her back and bend her legs. Apply the LOTION under the thighs, legs and the soles of her feet.
3. Apply the LOTION on the top of the thighs and legs. Cover legs with the plastic sheet.
4. Apply the LOTION on the abdomen and the hips and cover with the plastic sheet.

#### **IMPORTANT:**

Quickly cover the body after applying the LYMPHA LOTION  
in order to prevent the evaporation of the essential oils.

5. Cover the client with a light blanket (perspiration should be avoided).  
**Leave to act for 30 minutes.**
6. To finish the treatment, put warm water in a small bowl, dampen your fingertips in the water and perform a massage with the lotion remaining on the body for 10 to 15 minutes.

#### **IMPORTANT:**

The client should not shower or sunbathe for 2 hours after this treatment.

#### FREQUENCY OF APPLICATION:

Once a week.

Can be used as a booster treatment of 6 sessions or alternate with another body treatments.

#### FOR CLIENT'S HOME USE:

**SVELTEX GEL:** Daily